

NATURESPIRE



Ushering the Rhythm of Learning from Nature

**St. Ann's College of Education
(Autonomous)
Accredited with A' Grade – 3rd Cycle
Secunderabad**

December 2020

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Motto



Vision

The Vision of the College is to scaffold students into becoming professionally responsible teachers, dedicated to the holistic development of their pupils through selfless service to the community.

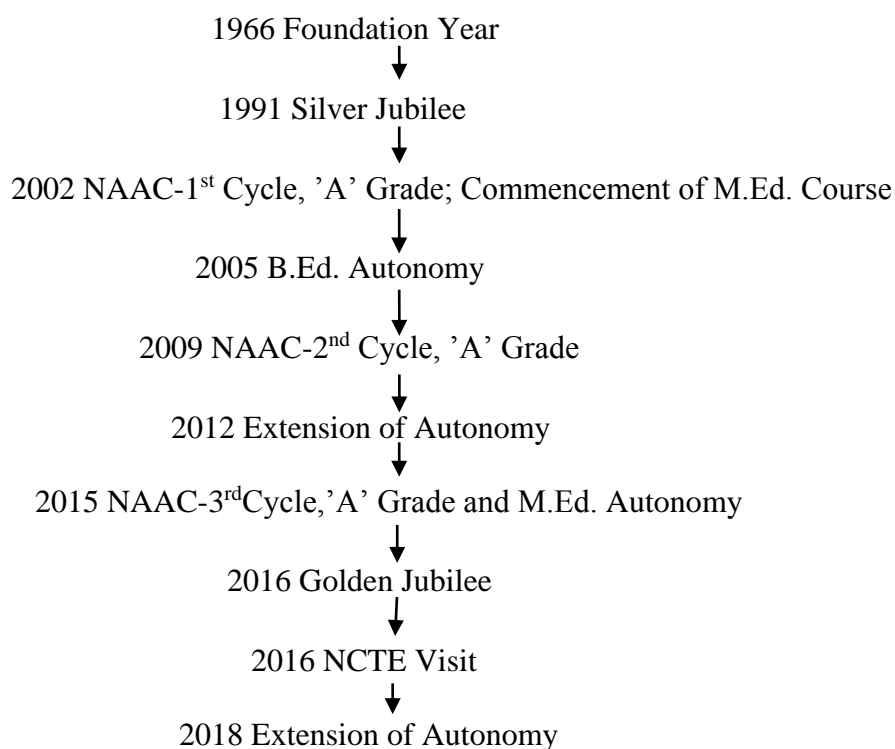
Our **Mission** is to chisel our students into:

- Intellectually Competent and Emotionally enhanced
 - Socially sensitive
 - Morally upright
 - Spiritually oriented
- Loyal teacher-citizens

Our **Objectives** are to:

- prepare professionally empowered women teachers for local, national and global standards
- develop competent and humane teachers
- infuse scientific attitude to promote research
- provide training in cognitive, affective and psychomotor domains (holistic development)
- transform student teachers into techno-skilled, community-oriented dynamic leaders.

Milestones of the College



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From the Principal's desk:

Here we have, the much awaited newer version of college magazine the '*Annite Pulse*' titled '*NATURESPIRE*' laboriously put together by our student teachers of B.Ed. and M.Ed. batches of 2018-2021 reflecting what and who they are in the 21st century. The name of the magazine simply means an insight to the way of life, creativity, activities of our students specially *Learning from Nature*. This magazine is a platform that exhibits the literary skills and innovative ideas of the student teachers in chorus revealing the qualities of a teacher education institution that provides its students with varied learning experiences focusing on developing skills of critical thinking, creativity, collaboration, communication, information literacy, media literacy, technology literacy, flexibility and much more.

As the magazine is released at the end of an academic year/course, it mirrors the varied transformation within the learners and their ability to lead the future generation, through the instrumentality of teacher educators and cooperating schools which paved the way for semester-wise internships, self-learning and peer learning. It is evident that the 2 year pre-service course has finely tuned their passion and commitment to the teaching profession. No doubt it has been taxing and hectic, especially in terms of time management, a creative mind-set, innovative visualization and the demands of collaborative work, BUT the fruit that you bear in the form of higher tolerance levels, in-roads into the teaching profession with individualized teaching approaches – you must agree the benefits far outweigh the hours of grinding.

Each article in the magazine tell a story: of adequate research, razor sharp literary skills, individuality to prove that each one of them have converted into a “teacher with a difference” ready to make a mark in the lives of the numerous students that will touch their life and who will remember that it is that one special TEACHER that made the difference in their lives. I congratulate the writers, the contributors and the editorial board for their tireless contribution in making this magazine a successful creative venture by articulating the text, words, and thoughts of the authors – weaving their insightful dreams. I know that editing a college magazine is no easy task!

The knowledge as a teacher transfer is like the continuing vastness of the sea that never runs dry. You are life builders! The perseverance with which you have pursued your studies in the College will channel you for your future careers as teachers ensuring your professional growth. We wish you all the very best for your future endeavors “She opens her mouth with *wisdom* and teaching of *kindness* is on her tongue” Proverb 31:26. May God bless you abundantly and provide you the means to achieve your dreams. It is my prayer that you dear students ascend high in unexplored skies and bring glory to the world and the profession with the wings of education.

With love,

Prof. Dr. Sr. Marry Kutty.P.J.

College Report

B.Ed. Semester: 2018-2019

St. Ann's College of Education is a pioneer teacher training institute in academics and co-curricular activities. The motto of our college 'SERVE WITH LOVE' underlines the need for selfless services expected of every teacher. All the curricular and co-curricular activities are geared up to achieve the vision- to scaffold students into becoming responsible teachers, dedicated to the holistic development of the pupil.

The best things in life happens unexpectedly. "She who trusts in the lord will never be disappointed" – Isaiah 49:23.

And this is what actually happened to us.

- Semester 1 commenced on July 2nd, 2018 with a Holy Mass. All the students took part in this mass. Special prayers were offered for the academic year.
- Rules and regulations were oriented by the lecturers. To accelerate our excitement, a treasure hunt was organized by the seniors with the hidden agenda to get familiar with the college campus.
- To have a smooth functioning of the Institution, office bearers were elected democratically by the students.
- Our day in St. Ann's begin with an assembly, where all the 1st and 2nd year students gather at Cebemo Hall in God's presence. The assembly is conducted by both the batches. The assembly does not just bring us together but also helps in developing confidence, reduce our stage fear and synthesize individual commitment to a group effort.
- Independence Day was celebrated on 15th August 2018. With freedom in mind, pride in our hearts, memories in our souls, students marched towards the flag which was hoisted by the chief guest Prof. Dr. Marlene. An inspiring message was given by her on the "Role of teachers in improving cognitive quotient of the students but as well as the affective domain of the future generation."
- Technology can become the wings which allows the educational world to fly farther and faster than ever before. An orientation was given by Dr. Nirmala Chava on SWAYAM – (Study Webs of Active Learning for Young Aspiring Minds), which exposed to incorporate technology into education.
- There is no exercise better for the heart than reaching down and lifting people up. A fundraising campaign for the Kerala floods was initiated on August 25th.
- A good teacher can inspire hope,ignite imagination and install the love of learning. We celebrated teacher's day on 5th September with lots of excitement, joy and gratitude towards the lecturers.
- There are no strangers here, only friends you haven't yet met. Senior batch (2017-2019) were given a warm welcome after completing their internship phase on 10th September.
- This day was about celebrations. Time to make networks, interact with each other and about being strangers, no more! Freshers were given warm welcome by seniors on September 14th.





Fresher's Day Celebrations - 2018



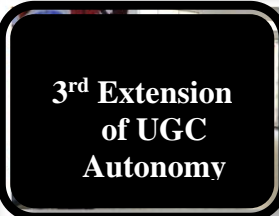












**3rd Extension
of UGC
Autonomy**











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**Memories last
forever.....Fun
filled With
Teary Eyes**

- Gandhi Jayanti was celebrated on 2nd October. Dramatics competition was held on the theme “Gandhiji.”
 - On 11th October various games like kho-kho, badminton and tug of war were conducted. We all realized that its not the team with the best players that win. It’s the players with the best team spirit wins.
 - A PTA meet was held on 13th October. Parents were introduced to the staff of the college. The college rules, regulations and policies were explained to parents. The PTA member, among the parents was elected on that day.
 - To discriminate, only creates hate. The college is at its best in reflecting secular thoughts. Bathukamma, a Telangana state festival was celebrated on 15th October. Students of both the batches actively participated in flower arrangement competition.
 - Haritha Haram –tree planting programme was successfully implemented by the students with the objective - “each one plant one.”
 - The college concentrates on the overall performance and wellbeing of the students. A session on family life was taken by Dr. Diana Jacob and Dr. Sarah Thomas, to ensure they lead a balanced life at home and school.
 - On 16th and 17th November, the UGC experts team visited the college for inspection to grant us extension of Autonomy for the third time. Students had organized a Cultural programme for them.
 - 1st phase internship commenced from 25th November which extended for 10 days.
 - The I Semester End Examinations began from 10th December to 17th December. The exams culminated with the Christmas vacation which began from 18th December until 1st January 2019.
- ❖ II Semester commenced on 2nd January 2019 with a curriculum to promote understanding about different methods of teaching.
- Peer teaching practice was initiated on 21st January to 31st January 2019.
 - Students attended a Workshop on school management which was conducted by St. Mary’s Degree College, Secunderabad.
 - This college is a Santa Claus that keeps on giving all the wonderful opportunities while you are in it. Many competitions like fancy dress, mehndi, college making, elocution and flower arrangement were conducted from 13th February to 19th February 2019. Students showcased their talents and skills and recognized their recreational and cultural values.
 - On 20th February a seminar was conducted by the Gideons international team, an evangelical Christian association in which they inspired us to believe in – “We rise by lifting others.”
 - Students actively participated in Festa Letteraria 2019, conducted by Little Flower Degree College and stood first in competitions like singing, poetry and treasure hunt.
 - Women’s day was celebrated on 8th March with the theme ‘Women, The Architects of Society.’ Mrs. Hyacinth Emmanuel, Managing Director of St. Andrews Group of Institution addressed the staff and students with her empowering speech on women as teachers.
 - On the same day, a Culinary arts competition was held to test our skills in cooking and its presentation.

- Indian culture consists of a variety of art forms including painting, sculpture, textile art etc. To enhance creative expression and quality of life, Cultural Arts showcasing was conducted on 11th March.
- Nothing is more exciting than an outing with friends. The greener the setting, the more the relief. On 15th March 2019 staff and students geared up to a memorable picnic to Botanical Garden, Hi-tech city.
- On 4th April, the College day was celebrated. Trophies and certificates were awarded to the winners of different competitions held throughout the academic year.
- Every ending has a new beginning. Wishing our seniors good luck for a new journey, a farewell party was hosted on 8th April.
- Art has the power to transform, illuminate, educate, inspire and motivate. With this objective Drama and Arts presentation was held on 10th April.
- The Summer vacation began from May 7th to June 10th.
- The II Semester End Examination commenced from June 11th which extended till 28th June.

“As iron sharpens iron, so one person sharpens another.” Proverbs 27:17. This sharpening process is noisy, abrasive and humbling at times but important in our walk with the Lord.

Jakkula Mrudula

College Representative

B.Ed. (2018-2020)



“Celebrating Victory over Darkness”



Deepavali





బోధనోపకరణాల ప్రదర్శన

రాంగోపాధ్యక్షుడు: సికింద్రాబాద్ ఎస్టీ కోడల్లోని సెయింట్ ఆస్క్ కాలేజ్ ఆఫ్ ఎడ్యుకేషన్లో బోధనోపకరణాల ప్రదర్శన నిర్వహించారు. ఇంస్టిట్, సైన్స్, గణితం, పౌరవిజ్ఞాన కౌన్సిల్ నుండి ఉన్న వివిధ అంశాలపై వర్క్ షాప్స్ జరుగుతున్నాయి. పోలవరల్లి జ్యూరీ కౌన్సిల్ తరఫున విధానం, సోలార్ శక్తి వినియోగం, మురుగు నీటిని శుద్ధి చేయడం, అంగురం నుండి బియ్యం వరకు అన్ని విధాలా వినియోగం చేయగలిగే అంశాలను సులభంగా, ప్రయోగాత్మకంగా వివరించారు. కార్యక్రమంలో ప్రెసిడెంట్ మేరీ కుట్ల, అధ్యాక్షకులు, విద్యార్థులు ఉత్సాహంగా పాల్గొన్నారు. కార్యక్రమంలో ఇన్స్టిట్ పై పీట్ల సీతల్ శరత్ చంద్ర ముఖ్య అతిథిగా వినియోగం, మురుగు నీటిని శుద్ధి చేయడం, అంగురం నుండి బియ్యం వరకు అన్ని విధాలా వినియోగం చేయగలిగే అంశాలను సులభంగా, ప్రయోగాత్మకంగా వివరించారు.

ప్రదర్శనను శిలీకర్మను ప్రెసిడెంట్ మేరీ కుట్ల



**Imagination:
Source of
Achievement**



**Gateway to
Knowledge...
Inauguration of
Language Lab**





Swachh Bharat – 'Every change happen from Home'

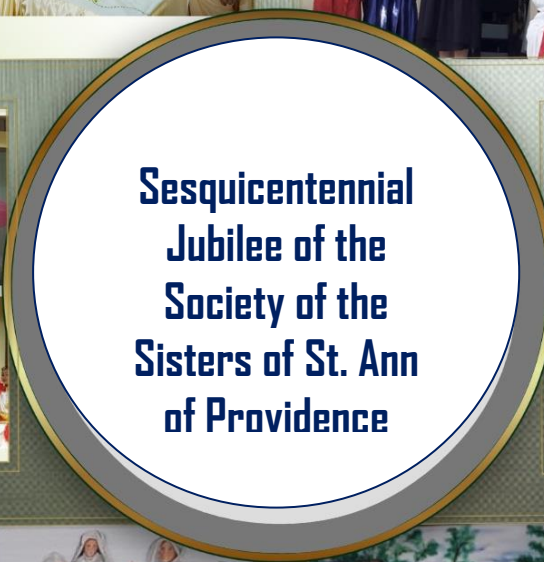












COLLEGE REPORT

Choosing a profession of a teacher is a huge decision which is often underrated. This is a profession which has the potential of changing many lives, all at once, for generations.

As is the fact, only the BEST institution with the most competent faculty churn out the BEST prospects. And thus, located right in the heart of the twin cities and with a legacy of 150 plus years of service to the society, there's this wondrous institution of ours which has a serene atmosphere irrespective of the chaos on the other side of the compound wall. And let's not think that there is use of hyperbole here as it is literally calm on the inside!

A proud owner of a sprawling campus and an equally huge open atrium which was a common sight about 3 to 4 decades ago and which is a rarity these days. Our St. Ann's College of Education stands tall and proud.

As we all know, a strong foundation is the ONLY deciding criteria for the future of a person or a project. If genuinely interested, we need to ensure that we have a strong base and for that we need to research a lot and find the BEST to chisel ourselves.

In this age of everything which is automatic, adulterated service without any genuine interest in the welfare of the society, this college lays emphasis and kindness of human emotions; love, sympathy, empathy, to name a few and makes efforts to mould students to stand true to the college motto, "**Serve with Love**".

A Mother - a person who plays a pivotal role in every person's life. You do not know her value until you move away from her – either to a hostel or get married off. Likewise, **ALMA MATER** – meaning "**the nourishing mother,**" referring to the institution which **nourishes our education**.

St. Ann's, our Alma Mater, you would be missed in all of our lives- the impact you have created in our lives will forever be with us and cherished as long as we're alive.

Now let's look back at our good times in Semester III and IV Academics and Events status:-

7th July, 2019 –We continue to shine... on the 7th of July, 2019 a new page of our student teacher's life commenced. We welcomed our next semester with renewed zeal and excitement to learn more.

9th July, 2019 – We were oriented on Action Research Project, this project was based on identifying the disability in one particular child in a class and helping the child to grow in its disability through various forms of studies.

This was followed by the Election for 2019- 2020 for the next Cabinet- President-ship, Office bearers and Club representatives was conducted and results were announced.

On the 10th of July, 2019 – We were oriented on SAT- Scholastic Achievement Test, where we had to conduct a test on both the methods by taking school students' average and knowing the child's ability and understandings towards the lessons we taught.

12th July, 2019– DRAFT NATIONAL EDUCATION POLICY- 2019 the students of the college reflected on the NATIONAL EDUCATION POLICY DRAFT 2019. Students drafted and discussed by presenting their own views.

25th July, 2019 –We celebrated our Alma Mater, St. Ann's Feast...A day of great rejoicing for us as we would be nothing but a mediocre teacher if this institution did not exist.

27th July 2019 to 31st July 2019– Practice makes a woman perfect! And so, we underwent a small preparation with the Innovative teaching practices at the college which helped us to face the real-time teaching at schools. We thank our dedicated faculty for their untiring efforts to better us!

8th August 2019 to 27th September 2019–The testing period! We were sent for Internship teaching practice for Semester III to gain hands-on experience on real-time teaching. This helped us to realise our potential, realise our flaws and better ourselves for our endeavours.

Phew! There were lots of things happening at a rapid pace and we needed a cooling period which was given. But how can a home which houses a lot of girls be quiet?

“A JOURNEY OF A THOUSAND MILES BEGINS WITH A SINGLE STEP”.....

4th September, 2019 – Our lovely juniors took that one step and started their new journey. All geared up to take the world by storm, our juniors walked in with lots of hopes and aspirations.

Our dear juniors were addressed by our respected Principal Dr. Sister Mary Kutty along with our faculties by setting a path way of information about college and encouraging them for a better tomorrow.

5th September, 2019–Oh how we love this day now! We had taken a break from our internship and came to celebrate Teachers' Day. We came back to our second home for a day to thank our mentors.

7th September, 2019 – The batch 2019-2021 was addressed by Sister Mary P T, with a motivating speech about treating all students equally and trying to understand their background as to how to deal with them.

“Think Act and Save” – our juniors participated in chart making on the theme- “Say No to Plastic”.

9th September, 2019– Reduce- Reuse- Recycle, Yes our lovely juniors made the best use of **Best out of Waste**, followed by Haritha Haram - “Plant a tree, Plant a Life”.

13th September, 2019 – Onam celebration the flower carpet was laid by the students of 1st year and also performed Thiruvathira in commemoration of welcoming King Mahabali.

27th September, 2019 – Psycho Spiritual Workshop was conducted by Fr. Vijay. During which the students were enlightened about the significance of a teacher’s role in moulding a spiritually conscientious student.

1st October, 2019 – On the occasion of Gandhi Jayanthi, students celebrated by participating in various competitions which was held in our college campus like Drama, Poster making, Drawing Elocution and Essay.

3rd October, 2019– Our state festival, Bathukamma was celebrated in college. The students dressed up in traditional attires beautifully and prepared Bathukamma (flower arrangement) with lots of colourful flowers and carried on with the traditional dance.

9th October, 2019 – Survey in neighbourhood on “No Plastic Awareness” was organised by first years.

22nd October, 2019 – KNOWLEDGE IS POWER... And the best way to gain this power is by keeping oneself updated with the latest trends which are used to make children understand the concepts better. A Workshop on STEAM was conducted by Butterfly Edufields. We learnt a lot of new ways to capture the interest of children. The college signed the MOU (Memorandum of Understanding) with Butterfly Edufields on this day.

28th October, 2019–Festivals – an intrinsic part of the Indian Culture. We celebrated the Festival of Lights – Deepavali.

29th and 30th October, 2019 – On the occasion of National Integrity Day, the students participated in March past and recited the pledge with honour and dignity.

“What we learn with pleasure, we never forget,” Alfred Mercier. Yes, we the students of 2nd years conducted “FUN + LEARN for the Day” Teaching Aids Exhibition on 2nd November 2019.

6th November, 2019 – Our College Language Lab was inaugurated by Prof. T Mrunalini, Dean Faculty of Education, University College of Education Osmania University, Hyderabad.

8th November, 2019 – The Ultimate Arrival Experience – FRESHOMANIA – 2019, welcomed our loving freshers.

13th November, 2019 – Practical Examination – EPC- 4 – Understanding the Self was conducted for the batch 2018 – 2020.

16th and 17th November, 2019 – Various sports events were conducted for the batch of 2019 – 2021.

18th to 22nd November, 2019 – III Semester End Examination was conducted for the batch 2018 – 2020.

21st November to 2nd December, 2019 – Our Juniors stepped into their first phase of internship teaching practice.

19th November, 2019 – Communal Harmony Day was held in college.

25th to 30th November, 2019– Cleanliness is next to Godliness...And so, we cleaned and painted our college and its surroundings as part of our Community Studies Project.

December 2019 to March 2020

2nd December, 2019 – Commencement of Semester IV

6th and 7th December, 2019 – National level Workshop on Inclusive Education was held in college, with the inaugural addressed by Prof. V.Sudhakar, Dean, EFLU, Hyderabad and some eminent personalities from various institutions.

9th December, 2019 – Social media is a prime factor in influencing people these days for various things. Education is no exception. We were given e- Content orientation so that we can reach out to the Visual learners.

9th December, 2019 – The teacher trainees were taught the nuances of integrating in teaching learning process through a session of Moodle Workshop by Bala Swech

10th December, 2019 – Human Rights Day was celebrated by spreading awareness through a skit that set the importance of every individual's life.

13th December, 2019 – Food – The finest M-seal used for bonding with each other! Canteen was organised by the seniors which tickled the taste buds of all and spread joy, laughter and happiness everywhere and bonded us even more together.

15th December, 2019 – Small deeds DONE are better than great deeds planned” said Peter Marshall. We the students both 1st and 2nd years went to spread the season of love through prison ministry.

19th December, 2019 - Flower arrangement competition was held in the morning session followed by fun and explore through STEAM workshop.

20th December, 2019–Who doesn't like surprises and gifts? Everyone does. And what if you know you are going to get a gift and do not know who would give you? The excitement levels go higher. And so, revealing of Secret Santa spread cheers of the season all the more.

21st December, 2019 –We celebrated the Arrival of Infant Jesus by hailing him in a multilingual Carol singing and Nativity plays by different groups of students.

3rd to 31st January 2020–Hurray..... A new year we welcomed with fantastic cheer as we were to go for our final Internship to polish our teaching skills. The mixed feelings at the completion of the internship is far from being describable. The overwhelming feeling of happiness in completing our course successfully and the sadness in leaving our Alma Mater, St. Ann's, is yet to subside.

4th, 5th and 6th February, 2020 – Final Practice Teaching conducted for the batch 2018 – 2020.

7th February, 2020 – 1st and 2nd years along with the faculties went on an Educational Field Trip to Active Farming.

11th February, 2020 – The students of 2018 – 2020 batch displayed a photo gallery on different topics associated with Contemporary India and Education. And students from 2nd years attended an awareness programme “Women Safety Wing” which was organised by She Teams and Telangana Police at SVIT College.

Mid- week of February, 2020 – A Placement week... Interviews were conducted for the outgoing batch for different schools from twin cities.

3rd March, 2020- Celebration of Our St. Ann's 150 years legacy.

“Play is the real learning”...

Our academic year is incomplete without being part of the much awaited cultural and club competitions. The competitions were conducted for first and second week of March, 2020

In the month of March, 2020 – Women's Day was celebrated on 8th and appreciated the students – All women for their vibrant presence and contribution for the growth of the college, well being of their families and presence in the society.

College day celebration for the batch of 2018- 2020 was planned but did not take place due to the pandemic.

By

Maria Ann Ranjit

Semester III & IV

College President

(2019- 2020)

M.Ed. College Report (2018-2020)

Semester I

January 2nd, 2019

Event: Grippled with fear of the unknown, we invoked God's blessings as we hurried through the reception for the induction session lasting 5 days in CEBEMO Hall. After the ceremonious self-introductions to the teaching faculty, the office staff and fellow students, we were oriented on the M.Ed. in general regarding the course, projects, etc.

January 11th-15th, 2019

The Community Engagement programme commenced during Pongal holidays. Each student had to conduct a community survey and engage in 'Each One Teach One' initiative as part of our practical. Students learnt how to develop meaningful interventions to address community concerns.

January 26th, 2019

Students commemorated the Republic Day by lending their voices to sing patriotic songs and participating in the unfurling of the flag.

February - March, 2019

Reality strikes by way of 1st internal exams followed by the 2nd internal exams after a month. Students were tested on communicative skills in English, thereafter semester end exams commenced.

Semester 1 ended with on a joyful note, beaconing into the Semester II.

Student Reflections:

Being new to the programme, students struggled to find adequate notes to support the classroom learning. We realized we had to spend a lot of time in the library reading the books identified in reading lists under each course in the curriculum.

Semester II

May 2019

Commenced in the month of May with an orientation from the concerned lecturers of courses included in the semester. College closed for summer vacation in the month of May.

June 2019

College reopened in June. The semester was similar to Semester 1 with the exception of the assessment. Students were exposed to diverse methods of examination e.g. open book system, multiple choice questions, etc

July 2019

Students celebrated St. Ann's feast with a lot of "shor sharaba" along with senior M.Ed. students and B.Ed. students.

This semester saw an increase in co-curricular activities in the form of drama, art, music, yoga, and meditation. In solidarity with the government directives, the College celebrated International Yoga day in which we participated with great enthusiasm.

August 2019

On Independence Day, we participated in the flag hosting ceremony and took part in the march-past to salute the great nation whose constitution enshrines democracy, freedom, fraternity and secularism.

The Second Internal Assessment were conducted. Thereafter, we undertook an internship in the college for duration of ten days, teaching methodology and general papers to B.Ed. students.

We prepared a research proposal with the help of our guides and presented it to a team of faculty members who in turn provided us with the necessary feedback for further improvements.

The much talked about and discussed dissertation work kicked off rigorously. We finalized our research proposals and went on to design and finalize their tools for the study.

Semester end exams began within short span of time.

Group Reflection:

Co-curricular activities opened up avenues for student bonding. All aspects of the dissertation, projects were both informing and confusing, our first reactions were -- what a lot of work, how are we going to complete it?

Semester III

September 2019

The semester commenced in September, by now we were familiar with the drill, so we become immersed into regular classes. This time around students began making notes simultaneous with class lectures to prepare for semester end examination well in advance.

December 2019

We were provided the opportunity to attend a two day National Workshop on Inclusive Education. We gained enormous knowledge through the experts addressing the different sessions. The second internal assessment was conducted and soon after we participated in the college for Christmas celebrations prior to commencement of the winter break.

As part of the instructional design course, we visited our respective B.Ed. colleges to teach two papers – thus completing the practical aspects of this course.

As an on-going process students continued to work on part 2 of our dissertation, administering standardized tools and collecting data.

We also completed our Internship in Special Schools seizing the opportunity to observe how Inclusiveness is implemented in real classrooms. Our workshop experience helped to understand the students in special schools.

Semester End Examination began with gusto.

Group Reflection:

We felt we were like clay in a potter's hand. Our lecturers had molded and shaped us to be teacher educators through a range of scholastic and so-scholastic activities.

Semester IV

February 2020

We are in the process of completing out psychological testing and record writing. We availed the placement services organized by the college, attending interviews and demonstrating our teaching skills to participating Institutions.

We were also engaged in finalizing our dissertation work and preparing for viva-voce examination. We remain focused on graduating with good grades in the hope of climbing the career ladder.

March 2020 onwards:

Due to COVID 19, pandemic the classes and guidance for the Dissertation was done online in a systematic manner.

VOICE TO THE VOICELESS

I was walking by a narrow lane,
With a heart full of gloom and pain,
I hear a gentle whisper,
Calling me to sit with her.

“Who are you?,” I asked.
“I am a lone soul,” she replied.
I was raped and murdered,
In this dark and lonely road.

“Listen to me,” she cried,
Tell my story far and wide.
Let the whole world know,
Here’s a model to show.

I was the princess of my father,
Lovely friend of my mother.
Dreamed to fly with wings of freedom,
I end up in sigh, as a rape victim.

Be my voice, my friend,
May this evil come to an end.
Tell them their ways to amend.
May righteousness prevail and transcend.

Who will replace my presence?
Can anyone feel my absence?
My beauty has become my foe,
My life had been an uncomfortable woe.

He caught me tight my wrist,
The pressure of his body I tried to resist,
He continued to thrust away,
I was a helpless, weak prey.

I fought, yelled and cried,
It did not matter how loud I screamed,
Nobody came to help me,
No one could set me free.

Let every woman gain respect,
In life's every aspect.
May her beauty be a blessing,
A source of love and healing.

This still my soul's desire,
My story of pain inspire.
To create a world of love,
Seek the Lord up above.

Justice and respect be the song ,
Of every woman at the streets along.
Show us the respect O! Brother,
Stop abusing your sister.

I pray to God his grace to bestow,
Good and evil people may know ,
Let justice always flourish,
Goodness and mercy --- let all cherish.

Sr. Veena Linet D'Souza
2019-2021 Batch
1st Year B.Ed.

ONE WEEK INDUCTION PROGRAMME FOR THE BATCH – B.Ed. 2019-2021

4th September 2019 – 9th September 2019

INTRODUCTION

The Induction programme for B.Ed. students was brought in with a view to uplift the level of the new entrants to an elevated stage, to promote all-round development and to expose learners to various activities to maximize their learning. Learners come with diverse thoughts, backgrounds & perceptions. Hence, it becomes important to help them adjust to the new environment & inculcate the ethos of the institution. St. Ann's college of Education has organized a one week induction programme with an objective to provide ample time and a platform for the transition of students from graduation to the B.Ed. training course.



OBJECTIVES

- To focus on the mission and vision of the college
- To provide adequate foundation in the course structure and scheme of syllabus
- To create bonding in the batch as well as between faculty and students
- To develop awareness, sensitivity and understanding of the self & society.

The Induction Programme began with a Prayer and followed by an Assembly on 4th September 2019. The students with their great enthusiasm introduced and interacted with themselves and the faculty members. This aimed to enhance students' familiarity with the faculties, college campus,

its facilities and also with the knowledge of co-curricular activities of the Institution. With a fresh exposure of the induction programme, the students were oriented to the milieu of the institution with zeal and enthusiasm.

Day one of Induction Programme! 4th September Wednesday - Principal of the college Dr. Sr .Marry Kutty interacted with students and highlighted the importance and significance of B.Ed. Course and also enlightened them with Vision, Mission and Objectives of the college.



Students were taken around the college campus in order to familiarize them and were given orientation about different departments.



ICE BREAKING SESSION

The Ice breaking session helped them to retrieve their hidden potentialities and ideas and very enthusiastically all of them presented their views by strategizing of think and share in groups on the following topics:

- Stress free Education,
- Ways for Self Improvement,
- B.Ed. Course: Choice or a chance

Yoga/ exercises/ Aerobics

A sound mind in a sound body is the most essential requirement for a teacher

Various Yoga Asanas and other micro exercises were demonstrated and performed by the students under the supervision of senior students .



Teachers' day was celebrated on 5th September, to show respect to the teachers by conducting various activities like prayer service, quiz, collage making, and other activities to the staff.



The Literary Activities such as Elocution on the Theme “Role of Teachers in Inculcation of values”, and debate on the theme “Social media is a boon or bane for the youth” were conducted.

On 6th September, an alumna of the college, Mrs. Vasavi Lakhani, Director, Leap Academy, Secunderabad, was invited to share her experience as an Edupreneur. She emphasized on the Multidisciplinary role of women in society, home and she motivated students to be active leaders of the future.



Practice of Patriotic songs for Assembly



Physical activity:

The Induction programme has been proved to be a fun mingled educational activity of adapting motivation and recourse to their procrastinated educational goals. Games and sports including yoga which helped them to develop team spirit with effective social skills.



On September 7th 2019, a talk by Sr. Mary PT, Paramedical Nurse, South Central Railway, Lalaguda, Secunderabad inspired and enlightened our students with tips for mental health and spiritual values and its significant role for the well being of an individual.



1. How to inculcate religious tolerance,
2. Peace for Human Development,
3. Save the Earth.

Students expressed their creativity by preparing various products from low cost or no cost material



Poster Making

During the afternoon session, students performed various activities according to their skills and interest viz. charts preparation / poster making. This session allowed us to bring out the hidden creative expressions of students.



SCHOOL VISIT

As an integral part of Induction programme and to furnish exposure to school environment, the college organized a one day visit to nearby local schools for facilitating the real life professional exposure to the students. This was welcomed with great enthusiasm and a positive response in understanding their future role in school setup.



LIBRARY ORIENTATION

The Librarian Mrs.N. Hanna Rachel has oriented students about all the details of books, journals, encyclopedias, magazines etc and also she focused on the rules and regulations of library.



Syllabus orientation by concerned faculty, orientation about scheme of instruction, different clubs / Certificate Courses available in the B.Ed. College. The faculty briefed the learners with their expertise in various fields with their vast teaching experience in the field of education and interaction with the schools.



PLANTATION: EACH ONE PLANT ONE

The students actively participated in the plantation programme. They explained about the importance of the plantation. Even our helping staff also taught us how to plant them and students were motivated to be eco- friendly in taking care of the plants for next two years in the college campus.



CONCLUSION

With the cooperation of the students and the faculty members, during the Induction programme we were able to record the feedbacks of the students in Expert talks, school Visit. This programme equipped students to boost their educational pursuits, work-culture, school exposure, social experiences, and various institutional activities. Students are made aware about multidisciplinary areas to transcend from subjective knowledge to the application of subject in real life situations.

Report on Student Induction Programme – M.Ed.

Student induction programme was conducted for the batch 2019-2021 of M.Ed. students from 21st of October 2019 to 26th of October 2019 as proposed by the University Grant commission. Students Induction covered a number of different aspects (SAGE) with a focus on:

- **Socializing:** meeting other new students, senior students, students union, lectures by Eminent people;
 - **Associating:** visits to college, visits to Branch/ Programme of study important places in campus.
 - **Governing:** rules and regulations, student support
 - **Experiencing:** Subject lectures, study skills, small-group activities, physical activity, creative and performing arts, literary activities, universal human values, etc.
-
- Prayer Service and Institution orientation by Prof Dr Sr Marry Kutty began with a prayer song and invoking the presence of God with a scripture reading followed by an orientation to the vision and mission of the college. A documentary on the history of college familiarizing students with the mile stones achieved by the college was presented. The feedback from students showed 100% good.
 - Department orientation: An orientation to the objective of the course and future prospects were given. A generalized view of the functioning of the department and different aspects of curriculum for holistic development was made known to the students. The faculty members were introduced. The feedback from students showed 88% good and 12% satisfactory.
 - Mentor-mentee groups – self introduction by the students mentioning their aspirations and objective of joining the course. The students also expressed how they match their expectations with expectations of their family. The feedback from students showed 100% good.
 - An orientation to the course structure included semester wise core papers and electives that can be selected. As it is a thesis based course emphasis was laid on preparing students for active research apart from teacher educators.
 - Mentoring with Universal Human values session included an anecdotal approach to human values and their implications for teacher education. The emphasis was on need to prepare humanistic teachers with strong personalities. The feedback from students showed 100% good.
 - Creative Arts and Culture: Students presented artifacts created by them such as embroidery work, making things from waste such as news paper, old magazines etc. They were encouraged to speak about the rich heritage of India and how to preserve it. The feedback from students showed 82% good and 38 % satisfactory.
 - Gratitude towards people: A brief orientation of the idea of gratitude was followed by a brainstorming session with a focus on being thankful, paying obeisance, respect and wellbeing of others. Ways of expressing gratitude were discussed by the students. The topic of. Students were asked to note down

help and assistance that they have received from people whom they are associated with and also the way they have reverted back in showing their gratitude .The objective was to make a differentiation between material and non material aspects of gratitude. They were asked to note down the different ways in which one can show gratitude thereby stressing on verbal and non verbal gestures. The feedback from students showed 100% good.

- Lecture by Alumni: Alumni Ms Sirisha shared her experiences related to the course who cleared all apprehensions regarding the programme and research work specifically. The students were more open and raised varied questions. The feedback from students showed 88% good and 12 % satisfactory.
- Library Orientation: Orientation to all the different sections of the library followed by the online journals was explained. The library rules were, made known to the batch of students. 75% responded good, 12% responded satisfactory and 12% responded as need improvement.
- Human needs: The session on human needs was based on Sigmund Freud theory of psychodynamics of id, ego and super ego. The feedback from students showed 88% good and 12 % satisfactory.
- Lectures by eminent educationist by Prof T. Mrunalini, Dean Osmania University to inspire the students into the profession. She emphasized on the need for accountable and competent teachers. The feedback from students showed 100% good.
- Orientation to practical activities/ Internship: Orientation to the different internship programmes were given by the faculty. The phases at B.Ed College, special schools were made explicit. The importance of the practical aspects such as communication skills in English and community engagement programmes were emphasized. As it is a thesis based course the practum is focused on developing research skills. The feedback from students showed 100% good.
- Peer pressure: the emphasis was on healthy competitive spirit among the students. The need to draw a line between the basic needs and luxury was highlighted. The need to strengthen one's own personality and minimize the external negative influence was stressed. The feedback from students showed 75% good and 25 % satisfactory.
- Orientation to Elective was done by Dr Sarah Thomas. The nomenclatures of generic and open electives were explained. Generic electives add to the generic proficiency and open electives that are more discipline centered were introduced to the students. The feedback from students showed 100% good.
- Orientation to SWAYAM with a focus on the type of courses and the process of registration was explained on Swayam platform. The importance of few of the courses that can be parallel taken up was introduced in Research methodology, Educational Psychology, Environmental Studies, art &craft and Technology. The feedback from students showed 100% good.
- SWOT Analysis: The students were oriented to SWOT analysis of individuals where the strength is internal positive personal traits that have to be identified and focused upon. Identifying positive personal traits,

relevant skills, competencies and work experience, solid education, strong network, commitment, enthusiasm and passion. Work on the weaknesses such as negative personal characteristics and poor work habits, work experiences, lack of adequate education, inadequate networking, lack of career direction and weak professional or career – management skills. Identify favorable trends, specific job opening, projects, emerging demand for new skills, use of new technology and making referral to high powered contact. The feedback from students showed 100% good

- Prosperity: Introduced the concept of prosperity and the seven principles as given by Kim DH, ie think, see, measure, flow, control, and move and multiply. A group activity was designed and questions such as what is prosperity, areas of prosperity, its relationship with education were discussed. Few suggestions were to spread love, learn from life, show respect, be responsible, be decent, admit your mistakes, forgive, change, learn to create abundance, practice and reflect, and be positive were illustrated with real life experiences.
- Orientation to Evaluation/ Credit system Plagiarism: The existing evaluation process in the course was explained in detail. The credits allocated to different course papers were discussed. The importance of originality in presenting the seminars and assignments were emphasized. The feedback from students showed 75% good and 25 % satisfactory.
- Orientation to certificate courses and their objectives were done for professional development as a teacher educator.
- Relationships: The *relationship* between student and *teacher* plays a large *role* in the trajectory of a child's academic success and social development. Establishing a positive and healthy *relationship* with students, colleagues and management is very important. During the session, the seven relationships scenarios of day to day life was discussed which are as follows.
 - Parents-children (maataa & pitaa, putra-putri)
 - Teacher-student (guru-shishya)
 - Brother-sister (bhai-behan)
 - Friend (mitra)
 - Saathi-sahayogi (leader-assistant at work place)
 - Husband-wife (pati-patni)
 - System related (Vyavasthaagata sambandh).The various values that these relationships can build including Trust (Vishwas), Respect(Samman), Affection (Sneha), Care (Mamta), Guidance (Vatsalya), Gratitude (Kritagyata), Reverence (Shraddha), Glory (Gaurav) and Love (Prema) were also discussed.

Responses to open questions:

1. Importance of yoga and other exercises for health

2. The benefits of feedback is that it helps me grow as a group. It makes me feel that I can rely on others and that they will help me when needed. It also helps me to improve my skills and allows me to identify where more work is needed. Also sometimes, having another person's perspective changes my view on something and allows me to develop a deeper understanding of the topic.

The Goal is Not the Point

Let's think for a moment, that our lives are like a treasure hunt.

Really...it's not much of a leap. Like any good treasure hunt, we all have a map to guide us. In life, the map is our corner of the universe. Some of the areas on the map we know quite well. These areas are the places and people and things that we're familiar with and that are part of our daily life. Other areas of the map are foreign by individuals. These yet-to-be-explored regions are home to the milestones in life that we can imagine reaching, but that have eluded us thus far. This undiscovered portion of the map is where our hopes, goals and dreams live. These goals are like little pieces of buried treasure that are hidden somewhere out on the map, somewhere that we hope to get to, soon.

One day, a particular goal grabs each individual's attention and then decide to set out on a treasure hunt.

Searching for Buried Treasure

As we begin the long hike toward our treasure and encounter a challenge or two along the way. Already the actual path is starting to look different than the buried treasure that we had been imagining. Things got worse when we finally arrive to the spot of the treasure. This whole time, we had been imagining a chest filled with gold. After uncovering the treasure, however, all we can find are a few scraps of silver and some antique relics. These items are valuable in their own right, for sure, but they were not what we were thinking about this whole time. By saying to ourselves, "This doesn't look like the treasure I was envisioning! I must be on the wrong path. I wasted all this time!" After thinking for a few moments, wondering, "Hmm... maybe I should switch goals? I bet there is bigger treasure elsewhere."

Theory Vs. Practice

We've certainly experienced situations similar to the treasure hunt described above. Perhaps that every individual have too.

I'm talking about situations where the goal we were excited to pursue—getting a degree, starting a new exercise routine, making a career change—turns out to look very different in practice than in theory. It's natural to feel a sense of disappointment or confusion or frustration when this occurs, but I think the deeper problem is rooted in how we approached the treasure hunt in the first place.

Goals as a Compass

The problem with a treasure hunt is that most people spend all of their time thinking about the treasure. The fastest way to get to a particular spot, however, is to set your compass and start walking. The idea here is to commit to our goal with the utmost conviction. Develop a clear, single-minded focus for where we are headed. Then, however, we do something strange. We release the desire to achieve a particular outcome and focus instead on the slow march forward.

Pour all of our energy into the journey, be present in the moment, and be committed to the path we are walking. Know that we are moving unwaveringly in one clear direction and that this direction is right for us, but never get wrapped up in a particular result or achieving a certain goal by a specific time.

Otherwise we can say, our goal becomes our compass, not our buried treasure. The goal is our direction, not our destination. The goal is a mission that we are on, a path that we follow. Whatever comes from that path—whatever treasure we happen to find along this journey—well, that's just fine. It is the commitment to walking the path that matters.

This reminds me of a saying by the most popular American actor...

Letting go of how it might come to pass. "As far as I can tell, [success] is just about letting the universe know what you want and working toward it, while letting go of how it might come to pass. Your job is not to figure out how it's going to happen for you, but to open the

door in your head and when the doors open in real life, just walk through it. Don't worry if you miss your cue. There will always be another door opening.” –Jim Carrey

Choose your goals and then forget them. Set them on a shelf. Trust that your direction is true and pour your energy into walking the path. Good goals provide direction to your life. They allow you to commit to a journey. They are like a rudder on a boat, directing your energy and attention in specific direction as you move downstream.



We all have a map to explore. Choose a path and then walk it...

By,

Maria Ann Ranjit

College President

B. Ed. 2019- 2020



Grooming my life, with gracing Sunshine.....

*Stepping ahead into St. Ann's,
Grooming my life, with gracing Sunshine.*

*Encroaching into a different world, identifying my
dignity,
Anxiety, nervousness with nourishing dreams and a
deserving vision,
Philosophical views, Psychological theories delivered me
the depth of life,
Barriers of language, reflecting the self, made me to
dramatize myself,
Soul of contemporary, Stability in Entrepreneur
explained me to mould myself in society.*

*Stepping ahead into St. Ann's,
Grooming my life, with gracing Sunshine.*

*Not easy, but difficult -uncontrollable situations,
tasks transformed me to handle any situation,
Never be alone, always be vigorous only with the chant
of St. Ann's,
Wonderful world where innate abilities are encouraged
to add beauty in life,
Wonderful life, Wonderful journey, nurtured me alround
what is real me in my life,*

*Stepping ahead into St. Ann's,
Grooming my life, with gracing Sunshine.*

**With love
-N. Sowjanya
(2018-2020)**

**St. Ann's College of Education
Secunderabad.**





Knowledge has wings, where do you want to fly?

You might wonder, can knowledge have wings? Is it a bird to fly...?

Yes, you heard it well dear, God has given us knowledge and it depends on us as to where we need to fly and get trained. Knowledge can be about facts, information, and it may be related to skills which are acquired through experience or basically our education, the theoretical or practical understanding of any subject can be termed as knowledge but, how can it have wings?

Angel's wings are quite magnificent sights to see, and often appear exotic, as well. Bible describes that the prophet Isaiah's vision of winged seraphim. Angels are in heaven with God explaining them as, "Above him were seraphim, each with six wings. With two wings they covered their faces, with two they covered their feet, and with two they were flying. And they were calling to one another as 'Holy, Holy, Holy is the Lord Almighty, the whole earth is full of his glory'" (Isaiah 6:2-3)

In the same manner, God has blessed humans with knowledge to manifest and has made us to be magnificent and to glorify the most Holy God who has made us one step more than angels to fly with the given knowledge. It only depends on how well we use it in this world. To know more about how to fly, you should be ready to face the challenges. Do not wait for the opportunity, but create it. There is nothing impossible in this world. We all know the popular quotation: "Failures are the stepping stone to success". How can we be successful with limited knowledge and with our failures, and be as angels? Well, we should have thirst for it and first we should know our strengths and weaknesses and follow these guidelines ...



- ❖ Keep a goal and strike off fear
 - ❖ Make your goal into short term and long term
 - ❖ Be focused like on what you want to achieve exactly like an eagle
 - ❖ Be creative (Innovative in your own style)
 - ❖ Be well planned and maintain a schedule (Time management)
 - ❖ Learn from people who are successful, read about them
 - ❖ Analyse every time as where have you reached
 - ❖ Reflect on your progress and try to change where ever possible (Be flexible and open-minded)
 - ❖ Always seek positive people's advice
 - ❖ Accept your inner self, you are worth whatever you are because you are unique
 - ❖ Keep working till you achieve and be consistent
- Finally, you will be successful. Well, it totally depends on you... how higher you wanna fly and reach the goal

Never ever ...give up

By- U Deepa, B.Ed. IV Semester

Bhavana. V
Roll no: 14
B.Ed 1st year



EDUCATION
LIGHTS UP
THE WORLD

AN UNUSUAL GARDEN

Here's a garden I describe, which has flowers of different tribes,

Whose fragrance is like sun to light, which you cannot have, even if you're sort to bribe

Irrespective of whoever lecturer or student, do we bother her for reasons big and petty,

She makes sure she resolves them to the best of her ability, our dear Principal Dr. Sr. Marry Kutty P.J.

Poised like a swan, vigilant as a tiger cub,

Oozing dignified and elegant persona, sails she, Dr. Diana Jacob

Science is her subject, noticing details trivia,

Setting things straight, there buzzes she, Dr. Jyothi Victoria

Reading and Reflection is her portfolio, considering different perspectives has she taught us,

Rectifying and grooming us to finesse, here is Dr. Sarah Thomas

Armed with some additional standards and etiquette, follower of principles of British era,

In marches she with her swag, Ms. Irene Catherine Pereira

With the pace of a panther, she covers philosophies from Plato to Mahatma,

Exposing us to a range of ideologies, here is Sr. Mary Ratna

Upfront yet intriguing, she teaches us Psychology – human nature's Omega and Alpha,

Dropping subtle hints as per situation, here is Dr. Nirmala Chava

She doesn't speak much, reserves her energy to teach the process of education,

She too imparts knowledge to us student teachers, here is, Dr. Veena Latha

Singing is one of her areas of interest, who is from the City of Joy,

Training our bunch of singers, here is Dr. Ruma Roy

Calm as a river, she deals with Social which includes topics from historia,

Compresses taboos with sharing ways of dealing with them, here is Dr. Mehaboobjan

Testing new waters, no vice at teaching and part of the Alumni, Brilliant with numbers, here is Mrs. Sindhu Bhavani

She's tucked in a corner, surrounded by books as usual,

She's always there to help us find the best author for a subject, our librarian, Mrs. Hannah Rachel

Alike Jolly Santa dear, and cheerful like the white rose, here's bubbly Sr. Regi Jose.

Catering to the mall together like a bouquet beautiful,

Here are Mrs. Padmalatha, and Mrs. Lavanya with supporting staff dutiful

Priceless is this combination we found,

One which you cannot find, outside St. Ann's compound!

Ambily George

B.Ed. batch (2018-2020)

Master's Clay

I am God's creation moulded from a lump of clay

Born like a flower to be carried away

I am filled with fragrance every day

Embellished with love and laughter, Namaste!

My world was once like a quay

Where I felt there is only one way

There was no hope of a ray

I was like a child with elements of scripts of array

As I entered the beautiful garden of St. Ann's on my way

Cebemo is the place where I cast my burdens away as I pray

Einstein, Nehru, Vignan , labs and library are places where I am refined in a cognitive way

And under the radiant sky and lushing tress we dine and we play

My Instructors have turned my fantasies into facts during internship every day

As I step into their shoes by imitating their teachings that I portray

I am transformed, empowered and ready to take-off on my runway

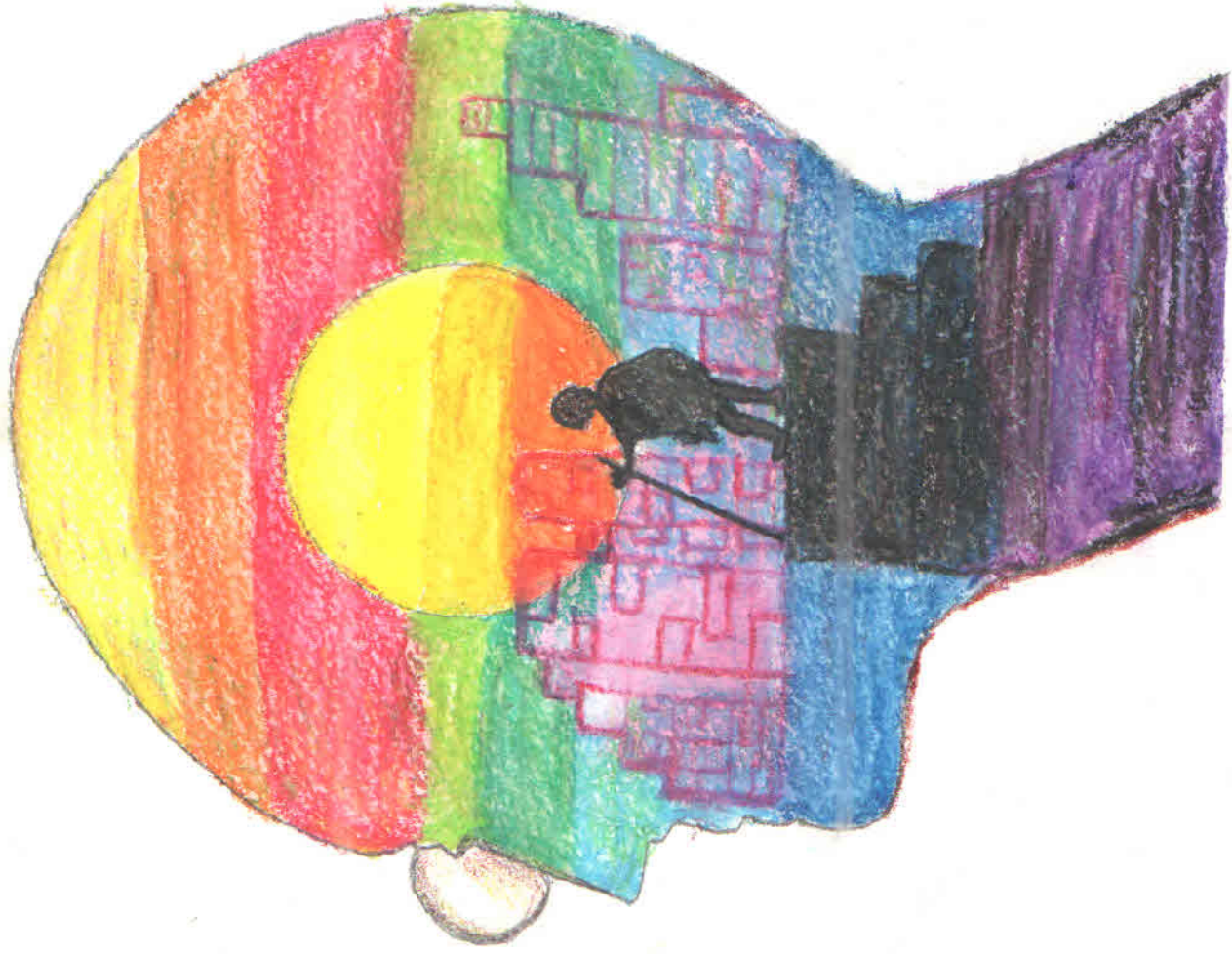
Raising up my head towards future to convey as I plunge on the sway

May God bless St. Ann's College of Education, this is what I pray.



Be the Change
that you want
to see in
the world.

—Mahatma
Gandhi



Together,
we will
defeat.

